

Reflection and Discussion Questions

1. In what ways has the Lord trained you during trials?
2. What treasures or benefits have you found from going through trials?
3. How has the Lord given you triumph or victory in or through trials?
4. What things might prevent you from trusting fully in God during trials? Talk to Him about how you can overcome any obstacles.
5. What Bible passages might be good for you to meditate on when you go through trials? Make a list of them for future reference.
6. Select a few hymns or worship songs that would minister to you during trials, and make a list for when you need it.

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Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths. Proverbs 3:5-6

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If I'm in a trial, I'm on a trail, and I need to keep moving forward. On this trail there is training from the Lord for me, there is treasure to be found, and the Lord can give me triumph in it, through it, and at the end of it. All I need to do is trust Him.

Discussion Questions

1. How did the Lord speak to you through the teaching?
2. Did you learn anything new about this topic or see it in a new light?
3. What struggles do you face related to this topic?
4. What is the Lord asking you to do as a result of the teaching?
5. Give an example of how you have grown spiritually related to this topic.
6. How do you guard against the influence of the world regarding this topic?
7. What can we learn from the life of Jesus about this topic?
8. Was there anything you did not understand from the teaching?
9. What Scripture is most helpful to you regarding this topic?
10. What did you learn about the Lord's character from the teaching?
11. How can we pray for you regarding this topic?
12. What encouragement do you have for other women related to the teaching?

Oh, how I love Your instructions! I think about them all day long. Your commands make me wiser than my enemies, for they are my constant guide. Psalm 119:97-98 NLT