

Reflection and Discussion Questions

1. How do fleshly desires hinder us from a life of simplicity?
2. Some principles Jesus demonstrated about a life of simplicity were:
 - Complete dependence on the Father – John 5:19
 - Desired only God's will – John 5:30
 - Knew His calling and did not waver from it – Mark 1:38
 - Sincere and honest in all His relationships - Gospels
 - Lived very simply – Matthew 8:20

Pick one principle you currently need to grow in. What is one thing the Lord is asking you to do regarding this principle?

3. What are you doing (or failing to do) that makes your life more complicated than it should be?
4. Describe a life of simplicity for the believer in a few words. (*Scriptures used in teaching to describe this were: Matthew 6:33, 22:36-40, John 15:4, Philippians 1:21, Hebrews 12:1-2*)
5. What do you think makes someone prone to worry?
 - What are you most tempted to worry about?
 - How have you gained victory over worry?
6. How does simplicity (seeking first God's kingdom and His righteousness) help us in the following areas:
 - Decision-making
 - How we use our time
 - Use of money and material possessions
 - Relationships
 - Caring for our body

Give an example of how you have grown in one of these areas.

Discussion Questions

1. How did the Lord speak to you through the teaching?
2. Did you learn anything new about this topic or see it in a new light?
3. What struggles do you face related to this topic?
4. What is the Lord asking you to do as a result of the teaching?
5. Give an example of how you have grown spiritually related to this topic.
6. How do you guard against the influence of the world regarding this topic?
7. What can we learn from the life of Jesus about this topic?
8. Was there anything you did not understand from the teaching?
9. What Scripture is most helpful to you regarding this topic?
10. What did you learn about the Lord's character from the teaching?
11. How can we pray for you regarding this topic?
12. What encouragement do you have for other women related to the teaching?

Oh, how I love Your instructions! I think about them all day long. Your commands make me wiser than my enemies, for they are my constant guide. Psalm 119:97-98 NLT