

Reflection and Discussion Questions

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Phil 4:6-7

1. How did Cindy's testimony about God's faithfulness during a difficult time in her life encourage you and instruct you?
2. Have you learned to distinguish God's voice from the competing voices in the world/mind?
 - a. If not, how will you sift through what you think is God's voice?
 - b. If you have what has helped you to learn to distinguish His voice?
3. From Jeremiah 23:29 what comforts you about His word being like fire?
 - a. What challenges you about His word being like fire?
4. Is. 26:3 Talks about Him keeping us in perfect peace when our mind is stayed on Him. Is this easy for you? Why or why not?
5. Is the peace of God something that you experience in your life, or do you find it difficult to find peace?
 - a. When is it easier for you to find His peace?
 - b. When is it more difficult to find His peace?
6. From Phil 4:6-7 What stood out to you the most from this verse?
 - a. What is God showing you from this verse?
7. Have you asked the Lord to give you a verse to hold onto during times when you need His peace? If so, what verse did He give you?

General Discussion Questions

These questions are to be used for each of the teachings to help us reflect upon and process with the Lord what we heard and learned. Please be prepared to share what the Lord has shown you with your group.

1. How did the Lord speak to you through the teaching?
2. Did you learn anything new about this topic or see it in a new light?
3. What struggles do you face related to this topic?
4. What is the Lord asking you to do as a result of the teaching?
5. Give an example of how you have grown spiritually related to this topic.
6. How do you guard against the influence of the world regarding this topic?
7. What can we learn from the life of Jesus about this topic?
8. Was there anything you did not understand from the teaching?
9. What Scripture is most helpful to you regarding this topic?
10. What did you learn about the Lord's character from the teaching?
11. How can we pray for you regarding this topic?
12. What encouragement do you have for other women related to the teaching?

Oh, how I love Your instructions! I think about them all day long. Your commands make me wiser than my enemies, for they are my constant guide. Psalm 119:97-98 NLT