

	<b>“Put Off”</b>	<b>Scriptural Insight</b>		<b>“Put On”</b>
1.	Lack of love	<a href="#">1Jo 4:7,8,20</a>	<a href="#">Jhn 15:12</a>	Love
2.	Judging	<a href="#">Mat 7:1-2</a>	<a href="#">Jhn 8:9;</a> <a href="#">Jhn 15:22</a>	Let God search my heart
3.	Bitterness	<a href="#">Heb 12:15</a>	<a href="#">Eph 4:32</a>	Tenderhearted and forgiving
4.	Unforgiving Sprit	<a href="#">Mar 11:26</a>	<a href="#">Col 3:13</a>	Forgiving spirit
5.	Selfishness	<a href="#">Phl 2:21</a>	<a href="#">Jhn 12:24</a>	Self denial
6.	Pride	<a href="#">Pro 16:5</a>	<a href="#">Jas 4:6</a>	Humility
7.	Boasting (Conceit)	<a href="#">1Co 4:7</a>	<a href="#">Phl 2:3</a>	Esteeming others
8.	Stubbornness	<a href="#">1Sa 15:23</a>	<a href="#">Rom 6:13</a>	Brokenness
9.	Disrespect for authority	<a href="#">Act 23:5</a>	<a href="#">Heb 13:17</a>	Honor authority
10.	Rebellion	<a href="#">1Sa 15:23</a>	<a href="#">Heb 13:17</a>	Submission
11.	Disobedience	<a href="#">1Sa 12:15</a>	<a href="#">Deu 11:27</a>	Obedience
12.	Impatience	<a href="#">Jas 1:2-4</a>	<a href="#">Heb 10:36</a>	Patience
13.	Ungratefulness	<a href="#">Rom 1:21</a>	<a href="#">Eph 5:20</a>	Gratefulness
14.	Covetousness	<a href="#">Luk 12:15</a>	<a href="#">Heb 13:5</a>	Contentment
15.	Discontent	<a href="#">Heb 13:5</a>	<a href="#">1Ti 6:8</a>	Contentment
16.	Murmuring/ Complaining	<a href="#">Phl 2:14</a>	<a href="#">Heb 13:15</a>	Praise
17.	Irritation of others	<a href="#">Gal 5:26</a>	<a href="#">Phl 2:3-4</a>	Preferring in love
18.	Jealousy	<a href="#">Gal 5:26</a>	<a href="#">1Co 13:4</a>	Trust
19.	Strife/Contention	<a href="#">Pro 13:10</a>	<a href="#">Jas 3:17</a>	Peace
20.	Retaliation (Getting even)	<a href="#">Pro 24:29</a>	<a href="#">Rom 12:19-20</a>	Return good for evil
21.	Losing temper	<a href="#">Pro 25:28</a>	<a href="#">Pro 16:32</a>	Self-control
22.	Anger	<a href="#">Pro 29:22</a>	<a href="#">Gal 5:22-23</a>	Self-control
23.	Wrath	<a href="#">Jas 1:19-20</a>	<a href="#">Pro 15:1</a>	Soft answer
24.	Easily irritated	<a href="#">1Co 13:5</a>	<a href="#">Pro 19:11</a>	Not easily provoked
25.	Hatred	<a href="#">Mat 5:21-22</a>	<a href="#">1Co 13:3</a>	Love
26.	Murder	<a href="#">Exd 20:13</a>	<a href="#">Rom 13:10</a>	Love
27.	Gossip	<a href="#">1Ti 5:13</a>	<a href="#">Eph 4:29</a>	Edifying speech
28.	Evil speaking	<a href="#">Jas 4:11</a>	<a href="#">Pro 15:30</a>	Good report
29.	Critical spirit	<a href="#">Gal 5:15</a>	<a href="#">Col 3:12</a>	Kindness
30.	Lying	<a href="#">Eph 4:25</a>	<a href="#">Zec 8:16</a>	Speak truth
31.	Profanity	<a href="#">Pro 4:24</a>	<a href="#">Pro 15:4</a>	Pure speech
32.	Idle words	<a href="#">Mat 12:36</a>	<a href="#">Pro 21:23</a>	Bridle tongue
33.	Wrong motives	<a href="#">1Sa 16:7</a>	<a href="#">1Co 10:31</a>	Spiritual motives

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34.	Evil thoughts	<a href="#">Mat 5:19-20</a>	<a href="#">Phi 4:8</a>	Pure thoughts
35.	Complacency	<a href="#">Rev 3:15</a>	<a href="#">Rev 3:19</a>	Zeal
36.	Laziness	<a href="#">Pro 20:4</a>	<a href="#">Pro 6:6-11</a>	Diligence
37.	Slothfulness (Not doing best)	<a href="#">Pro 18:9</a>	<a href="#">Col 3:23</a>	Wholeheartedness
38.	Hypocrisy	<a href="#">Job 8:13</a>	<a href="#">1Th 2:3</a>	Sincerity
39.	Idolatry	<a href="#">Deu 11:16</a>	<a href="#">Col 1:18</a>	Worship God only
40.	Left first love	<a href="#">Rev 2:4</a>	<a href="#">Rev 2:5</a>	Fervent devotion
41.	Lack of rejoicing always	<a href="#">Phi 4:4</a>	<a href="#">1Th 5:18</a>	Rejoice
42.	Worry/Fear	<a href="#">Mat 6:25-32</a>	<a href="#">1Pe 5:7</a>	Trust
43.	Unbelief	<a href="#">Heb 3:12</a>	<a href="#">Heb 11:1, 6</a>	Faith
44.	Unfaithfulness	<a href="#">Pro 25:19</a>	<a href="#">Luk 16:10-12</a>	Faithfulness
45.	Neglect of Bible study	<a href="#">2Ti 3:14-17</a>	<a href="#">Psa 1:2</a>	Bible study/Meditation
46.	Prayerlessness	<a href="#">Luk 18:1</a>	<a href="#">Mat 26:41</a>	Praying
47.	No burden for the lost	<a href="#">Mat 9:36-38</a>	<a href="#">Act 1:8</a>	Compassion/Witnessing
48.	Burying talents	<a href="#">Luk 12:48</a>	<a href="#">1Co 4:2</a>	Developing abilities
49.	Irresponsibility (Family/Work)	<a href="#">Luk 16:12</a>	<a href="#">Luk 16:10</a>	Responsibility
50.	Procrastination	<a href="#">Pro 10:5</a>	<a href="#">Pro 27:1</a>	Diligence
51.	Irreverence in church	<a href="#">Ecc 5:1</a>	<a href="#">Psa 89:7</a>	Reverence
52.	Inhospitable	<a href="#">1Pe 4:9</a>	<a href="#">Rom 12:13</a>	Hospitable
53.	Cheating	<a href="#">2Co 4:2</a>	<a href="#">2Co 8:21</a>	Honesty
54.	Stealing	<a href="#">Pro 29:24</a>	<a href="#">Eph 4:28</a>	Working/Giving
55.	Lack of moderation	<a href="#">Pro 11:1</a>	<a href="#">1Co 9:25</a>	Temperance
56.	Gluttony	<a href="#">Pro 23:21</a>	<a href="#">1Co 9:27</a>	Discipline
57.	Wrong friends	<a href="#">Psa 1:1</a>	<a href="#">Pro 13:20</a>	Godly friends
58.	Temporal values	<a href="#">Mat 6:19-21</a>	<a href="#">2Co 4:18</a>	Eternal value
59.	Love of money/Greed	<a href="#">1Ti 6:9-10</a>	<a href="#">Mat 6:33</a>	Love God
60.	Stinginess	<a href="#">1Jo 3:17</a>	<a href="#">Pro 11:24-25</a>	Generosity
61.	Moral impurity	<a href="#">1Th 4:7</a>	<a href="#">1Th 4:4</a>	Moral purity
62.	Fornication	<a href="#">1Co 6:18</a>	<a href="#">1Th 4:3</a>	Abstinence
63.	Lust	<a href="#">1Pe 2:11</a>	<a href="#">Tts 2:12</a>	Pure desires
64.	Adultery	<a href="#">Mat 5:27-28</a>	<a href="#">Pro 5:14-19</a>	Marital fidelity
65.	Homosexuality	<a href="#">Lev 18:22</a>	<a href="#">1Th 4:4-5</a>	Moral purity
66.	Incest	<a href="#">Lev 18:6</a>	<a href="#">1Co 7:2, 5</a>	Moral purity
67.	Pornography	<a href="#">Psa 101:3</a>	<a href="#">Phi 4:8</a>	Pure thoughts

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68.	Immodest dress	<a href="#">Pro 7:10</a>	<a href="#">1Ti 2:9</a>	Modesty
69.	Flirtation	<a href="#">Pro 7:21</a>	<a href="#">1Pe 3:4</a>	Gentle, quiet spirit
70.	Worldly entertainment	<a href="#">Pro 21:17</a>	<a href="#">Gal 5:16</a>	Spiritual pursuits
71.	Fleshly music	<a href="#">Eph 4:29-30</a>	<a href="#">Eph 5:19</a>	Edifying music
72.	Bodily harm	<a href="#">1Co 3:16-17</a>	<a href="#">1Co 6:19-20</a>	Glorify God in body
73.	Alcoholism	<a href="#">Pro 20:1</a>	<a href="#">Pro 23:30</a>	Abstinence
74.	Following the crowd	<a href="#">Pro 1:10</a>	<a href="#">Pro 3:7</a>	God-fearing
75.	Witchcraft/ Astrology/ Horoscopes	<a href="#">Deu 18:10-11</a>	<a href="#">Deu 6:5</a>	Worship of God
76.	Gambling	<a href="#">Pro 28:20-22</a>	<a href="#">Luk 16:11</a>	Good stewardship
77.	Preferential treatment	<a href="#">Jas 2:1-9</a>	<a href="#">Luk 6:31</a>	Love neighbor as self
78.	Presumption on the future	<a href="#">Pro 27:1</a>	<a href="#">Jas 4:14-16</a>	Trust God’s will