

Bible Women Still Speak

Lesson 4 – Abigail

1. From 1 Samuel 25, briefly summarize Abigail's story.

2. What were the challenges in her life and how did she manage them?

3. Although Nabal and Abigail seemed to be complete opposites in character, she remained committed to her marriage. What qualities do you see in Abigail's life as she managed being married to a difficult man?
 - How could this encourage those in difficult marriages or those married to an unbeliever?

4. Abigail was a woman who was experienced in dealing with anger. How did she wisely deal with David's anger?
 - What qualities do you see in Abigail in her interaction with David?
 - What do you learn about Abigail's faith in God?

5. Abigail redirected David's thinking toward God. Why is it important for us to point others to the Lord for wisdom instead of giving our own opinions?
 - Give an example of how you have redirected another to the Lord for wisdom.

6. 1 Samuel 25:3 describes Abigail as “a woman of good understanding.” She was a wise woman who knew how to manage difficult people and difficult circumstances. How can you grow in wisdom? See Proverbs 4:7.

7. Think about these qualities of wisdom – *Discretion, Prudence, Tact, and Poise*. From the following verses in Proverbs, how can you practically work on these to make them a part of your character?
 - 15:1-2

 - 15:28

 - 19:11

 - 20:3

 - 22:3

8. We read in 1 Samuel 25:39-42, David proposed marriage to Abigail. What character qualities are seen in her response and how can you develop these in your life?

9. What has the Lord shown you through your study of Abigail?